

Application of Emotion-oriented Teaching in College Music Teaching

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Abstract: With the continuous development of society, people have begun to pay attention to the cultivation of emotion and think that emotion education is indispensable, which makes some teachers start to keep pace with the times and pay attention to the application of emotion education in music education. Emotion education plays an important role in promoting students' personal development and physical and mental health, and music education is essentially a kind of emotion education. Emotion affects people's way of thinking and cognition of things, and plays an important role in the personality accomplishment of college students. In music teaching, universities should pay attention to the use of emotional music teaching methods, so as to increase students' interest in music and their ability to learn music. This paper discusses the connotation and function of emotion education, expounds the significance of emotion-oriented teaching in college music education, and explores the appropriate strategies for applying emotion education in college music education.

1. Introduction

The main purpose of college music education is to enable students to understand the essence and connotation of music through music creation, performance and appreciation, understand the historical change process of music, and understand the impact of music on society, so as to improve their aesthetic ability and feel the charm and value of music [1]. Any art is a true portrayal of human life and vividly expresses human emotions, and music is no exception. The essential feature of music is lyricism, which can be a piece of music or a reflection of emotion and artistic conception, a generalization of music thought, or an undulating development of emotion and the comparison and conflict of several emotions [2]. With the continuous development of society, people have begun to pay more attention to the cultivation of emotion and believe that emotional education is indispensable, which makes some teachers begin to keep pace with the times and pay attention to the application of emotional education in music education [3]. Music education, as an important way to implement quality education for college students, has attracted more and more attention. However, in the process of implementing quality education in universities, there is a phenomenon of paying attention to the cultivation of intellectual factors such as scientific rationality and ignoring the cultivation of EQ factors such as emotional aesthetics [4]. How to transform music form into feeling and emotion in music teaching and let students unconsciously experience the beauty of music is an urgent problem to be solved in music teaching.

Music itself is an art, which requires students to invest some enthusiasm in learning and carefully experience the knowledge contained in music. Emotional education plays an important role in promoting students' personal development and physical and mental health, and music education is essentially an emotional education [5]. Emotional education in music education refers to guiding students to actively feel and experience the beauty and rich emotions contained in the form of music in a purposeful and planned way in the process of music education, cultivating students' sentiment and purifying students' soul in the ideal realm of truth, goodness and beauty expressed by music [6]. Emotion plays an enlightening educational role in college students' music learning, and college music teachers also need to make students develop in an all-round way in music teaching. Music is the language of emotion, which itself contains ideas and emotions, and has a subtle effect on students' emotions and attitudes [7]. If we can innovate scientific and reasonable methods, we can give full play to the unique function of emotional education, so that it can play its due role in college music education.

2. The necessity and importance of emotional teaching

From a psychological point of view, students who have received emotional education are more gentle and humble than those who have not been exposed to emotional education and have certain communication skills. College music teachers should pay more attention to students' emotional teaching when teaching, so that students can grow up in a good learning atmosphere and absorb knowledge. Music emotion is the unique and artistic human emotion of music. As the expression of human thought and will, it conveys profound spiritual connotation to us in a unique way of music art. As one of the basic processes of people's psychological activities, emotion plays an important role in people's psychological structure, and emotional development is an important part of people's psychological development [8]. Emotional education is a dialectical and unified educational activity process in which emotional teaching and emotional training interact and restrict each other. College students are at an age when they are slowly improving but extremely sensitive, and music education can just be a powerful way to cultivate students' emotional education, so that students can master music knowledge and improve their own development at the same time. Emotion teaching plays an obvious role in regulating the formation of students' healthy psychology. Emotional optimism and open-mindedness are signs of mental health, while mental health is an important condition for intellectual development and moral perfection. While meeting the needs of education departments for music teaching, music teaching is regarded as an important component of emotional education in universities. Figure 1 shows the interactive relationship of students' social development.

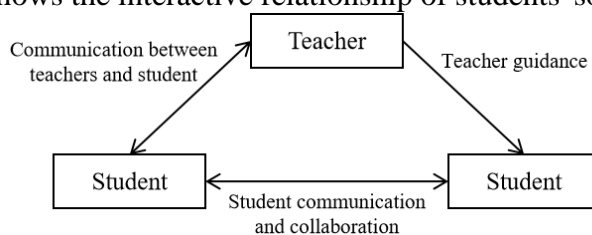


Figure 1 Interactive relationship between students' social development

College music teaching itself is a process to make students have more aesthetic ability and improve their moral quality. During study, college students can mold themselves into a more perfect shape, and the emotion contained in music is another embodiment of human social emotion. Emotion education plays an obvious role in regulating the formation of students' healthy psychology. Emotional optimism and open-mindedness are signs of mental health, while mental health is an important condition for intellectual development and moral perfection. The role of emotion teaching in music teaching can't be ignored by college music teachers. If we simply teach music subject knowledge, there is no way to arouse students' learning enthusiasm, and even make students afraid of learning music. In the teaching process, both the teaching of scientific knowledge and the shaping of moral quality are full of emotional factors in specific activities [9]. College students are not sound in terms of age or ability to acquire knowledge, and teachers need to further guide them to become more mature. Therefore, college music teachers need to provide students with opportunities to practice music, so that students can gain their own unique experience, so as to have emotional resonance and have unique interests in music. Although emotion is invisible, it is the most basic quality of a person, and its influence on people is enormous. It can directly and strongly touch people's hearts. College students are in a period of emotional richness and sensitivity, and a good emotional life plays a positive role in their self-understanding, evaluation and establishment of good values.

3. How to integrate emotional teaching in music education

3.1. Create conditions and attract people

To accurately grasp the profound connotation of music works, we must have a comprehensive understanding of the characteristics of the times, social environment, personality, artistic style,

artistic pursuit, etc. of the creator's life, otherwise we cannot appreciate it. In the process of music education, even in the process of performance teaching, teachers can no longer take the traditional mastery skills as the sole criterion. Teachers should use their own knowledge to help students understand the background of music works, so that students can understand the causes of the works and feel the emotional attitude of the authors at that time, thus accumulating more emotional experiences and enriching students' emotional expression. In the teaching process, teachers can explain the life of musicians and the creative background of their works to students, and create certain scenes for students by watching paintings, pictures and audio-visual materials, so as to fully mobilize students' vision and hearing and arouse students' rich association and imagination. In college music education, traditional teaching methods are indispensable, but we can't take basic skills such as accurate singing as the only standard, and we also require students to meet the deep-seated standards of good singing and beautiful singing. In college music education, teachers can make full use of the unique advantages of music and the different characteristics of different musical instruments, so that students can feel the emotional ways expressed by different musical instruments.

3.2. Stimulate students' emotional experience

In the practice of appreciation, students are not only required to "recreate" according to the image content and emotional nature provided by the object of appreciation, but more importantly, students should use their existing life experience and their own cultural accomplishment to verify and generate the object of works, and process, supplement and extend it, so that the object can become their own object. Teachers have different understandings of teaching contents and teaching methods, but without creative teaching methods, they can't handle the teaching materials well, and they can't achieve the expected teaching goals. Because of the difference of students' life experience, knowledge and experience, everyone has different emotional experience and different understanding breadth and depth. On the basis of respecting the emotion and content of the original work, students can also have their own personality style. Creative emotion expression is to let students express their emotions through music after fully experiencing, understanding and comprehending the emotions of works, and blend their own understanding and experience of life, understanding and enthusiasm of things, so that music has strong emotional color and artistic appeal. College music teachers should pay attention to the cultivation of students' music appreciation ability and strengthen students' experience and practice of music. In fact, setting up music courses in universities does not require all students to master certain music knowledge, but hopes that through music teaching, students can establish a cognitive attitude towards emotions, so that students' study and life can be well expanded and enriched, and they can cope with and control their emotions and manners well no matter what they are facing in the future.

3.3. Respect students' subjective initiative

For music emotion teaching, the most important part is teachers' teaching of music appreciation and music emotion experience, which is one of the important measures to improve music emotion teaching, and it is also a problem that most universities have not paid enough attention to at present. In the teaching process, teachers should arouse students' emotional resonance in music and help students to tap the aesthetic value of music works, and at the same time, give full play to students' subjective initiative and pay attention to cultivating their diversified understanding and questioning attitude towards music emotional aesthetics. Learning music needs to be closely related to life, on this basis, students can have their own views on the outlook on life and values, and have a deeper understanding of the level of music appreciation. Teachers also need to constantly enrich teaching methods to make classroom atmosphere active, so that students can be more willing to go deep into music works to feel the charm of music.

4. Conclusions

College music education should not be just the education of imparting skills, it needs the

combination of music skills and emotional education, in order to show music itself more perfectly. After understanding the connotation and function of emotional education, it is even more necessary to explore the application strategies of emotional education in college music education. Emotional teaching is to infect students with teachers' feelings, so that emotions gradually become the motivation for students to learn music. Emotion teaching can not only cultivate students' interest in learning music, improve students' aesthetic sense of music, delight students' body and mind, but also exert a subtle influence on students' inner experience and attitude. The most fundamental thing in music teaching in universities is to improve students' appreciation and aesthetic ability. Therefore, university music teachers need to start from this aspect and dig out the methods of teaching music courses from an emotional angle and an aesthetic angle, so that students can accept and recognize the emotional teaching mode. Emotion is the main line running through music teaching. Grasping emotion means grasping the program of music teaching, which can complete the task of music teaching well, cultivate students' musical perception and deepen students' emotional experience of music.

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